

Subject:- Home Science(Elective)

M:M=70 marks

General Instructions

There are total 25 Questions

- Q. No.s 1-6 are of 1 mark. (Very Short Answer Type)
- Q. No.s 7-13 are for 2 marks. (Short Answer Type)
- Q. No.s 14-15 are for 3 marks. (Case Study & Picture)
- Q. No.s 16-21 are for 4 marks. (Long Answer Type -I)
- Q. No.s are for 5 marks. (Long Answer Type -II)

VERY SHORT ANSWER TYPE (1 MARK EACH)

- Q.No1. When was the first Institution imparting Home Science Education set up?
- Q.No2. Milestones are the indicators of _____ and _____.
- Q.No.3. Give an example of indirect steaming _____
- Q.No.4 Making of Yarn is called spinning . YES/NO
- Q.No.5. Night Blindness is caused due to deficiency of
a) Vit C b) Vit K c) Vit A d) All of these.
- Q.No.6 An example of labour saving device _____

SHORT ANSWER TYPE (2 MARKS EACH)

- Q.No.7 What knowledge is imparted in the subject of Resource management?
- Q.No.8 Name two factors which affect development?
- Q.No.9 Define population Education and its aim?
- Q.No. 10 Why is the outer appearance of the fabric made attractive?
- Q.No. 11 Difference between Monofilament and multifilament fibres?
- Q.No. 12 Define Health. What are its dimensions?
- Q.No 13 List the ways of reducing fatigue?

CASE STUDY AND PICTURE BASED (3 Marks each)

- Q.NO 14 Below are some standardised marks. Write a short note on them.



- Q.No 15 Rita does not complete her work in time. Suggest two ways of completing her work in a planned manner?

LONG ANSWER TYPE -I (4 Marks each)

Q.No 16 Enumerate the effect of over population.

Q.No 17 Your Brother is going to stay in a hostel. Suggest him what type of clothes he should carry and why?

Q.No 18 Short note on relationship b/w food, nutrition and health?

Q.No 19 What are the nutritional problems faced during adolescence? Explain any two in detail?

Q.No 20 What are the government incentives to improve status of girl child in J&K State?

Q.No 21 You are passing through adolescence period. What internal as well as external changes you have experience in you?

LONG ANSWER TYPE -II (5 MARKS EACH)

Q.No 22 What are the principles of development? Explain with the help of example and diagram?

Q.No 23 Write down the role of parents and teachers in solving adolescent problems?

Q.No 24 Write in detail the classification of food on the basis of function they perform?

Q.No 25 What are the different steps in time planning? Explain with the help of a day time plan for yourself?

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